Drooping eyebrows and deep worry lines on the forehead can result in a permanently frowning, weary expression which does not correspond to the person’s actual state of mind.

Many women and men then wish for a friendlier, more alert expression. In an endoscopic forehead lift (brow lift) the upper part of the face is lifted up making the area around the eyes look more alert and at the same time reducing lines on the forehead, which results in a rejuvenated, more relaxed facial expression.

Endoscopic forehead lift – who is it for?

Females and males with drooping brows may benefit from this procedure. Furthermore, deep lines and furrows of the forehead are adequately addressed. Usually, this procedure is performed endoscopically. However, in patients with high or receding hairlines the “classic” forehead lift is considered.

The intervention can be done on its own or in combination with an eyelid lift or a face lift.

Before you opt for a brow lift, our medical specialists will discuss your individual situation and ideas with you and clear up any questions regarding the treatment.

At one glance

- **During of treatment**: Approx. 1.5 hours
- **Stay**: 2-3 days
- **Regeneration**: 1 week

Endoscopic forehead lift – the operation

This procedure is performed under general anesthesia on an in-patient basis using 4 short scalp incisions. Following insertion of an endoscope forehead skin and eyebrows are lifted and secured using sutures and two temporary fixation mini-screws. These are removed within a week. Scars are almost invisible. The procedure takes approx. 1.5 hours. The operation may be combined with various other facial procedures, most commonly with a SMAS lift or an endoscopic midface lift.
Endoscopic forehead lift – after the operation

After the operation we will keep you at the clinic for 2-3 days to ensure postoperative care.

Patients may initially experience incision discomfort for several days. Complete resolution of swelling may take several weeks. Numbness may be experienced, which usually resolves within several weeks as well. Physical activities should be avoided for 2 weeks.

You should take 1 week off from work, not do any sports for 2 weeks and avoid any physical strain for approx. 1 week. Stitches and small screws can be removed after 1 week already.

The results

The final results become apparent after several weeks when the swelling has subsided completely.

The result lasts for many years, even though the natural aging process cannot be stopped by the operation.