

## Botox Treatment

Botulinum toxin A treatment is particularly effective method of dealing with wrinkles, especially around the eyes and the forehead. The targeted muscles are paralysed by the botox which relaxes the muscles and leads to a smoothing out of the wrinkles on the surface of the skin. In addition, deliberate paralyses of the muscles can help prevent further deepening of the wrinkles. The effect begins within the first week after application and lasts for around three to six months. Permanent paralyses of the of the muscles will not occur.

### Who Is Suitable For Treatment With Botulinum Toxin A?

People with no history of neurological problems such as myasthenia gravis, Lambert-Eaton Rooke syndrome, are suitable candidates for this treatment.

### The Consultation

Your desires and concerns will be discussed fully and the possibilities of treatment with botox addressed completely.

### How Does The Treatment Work?

Firstly, a photo documentation of the area will be carried out, with relaxed and activated facial muscles. Then at pre-determined points botulinum toxin A is injected using a small syringe. The treatment takes only a few minutes. An anesthetic is not necessary.

### After The Treatment

Directly after the treatment, you will be given a cooling pack to help minimise any swelling and bruising. The body should be kept in an upright position for at least three to four hours. Depending on the application, for about four hours, you should avoid any strenuous physical activity or lay down to prevent any accidental redistribution of the injected botox. Also on the day of application of the treatment, sports or any other form of activity which would produce an increase in blood flow to the skin must not be undertaken. This also includes massage or saunas.

### At a glance:

#### Length of procedure:

- Max. ½ an hour

#### Post treatment:

- After 2-3 days the effect starts working
- Duration of effect: 3-4 month

#### Anaesthesia:

- Local anaesthetic

#### Hospital stay:

- Outpatient