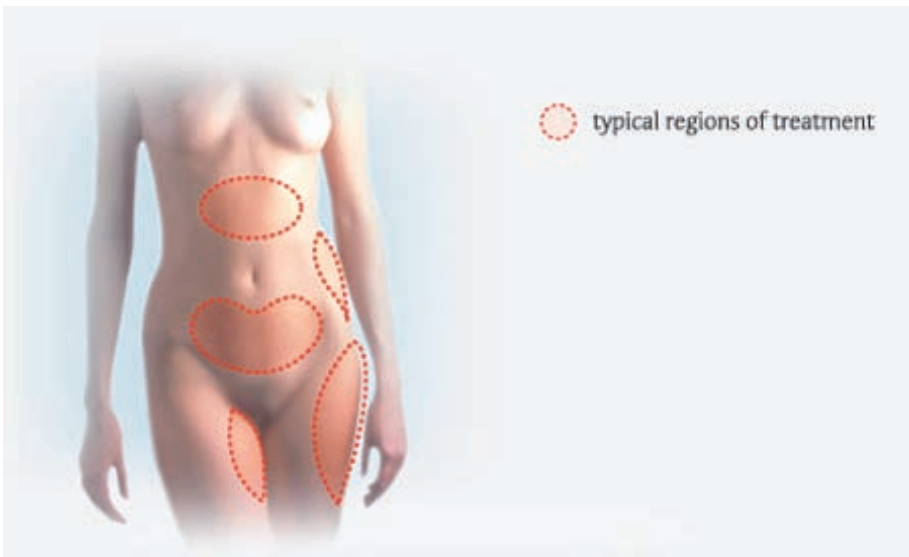


Liposuction

Liposuction is a procedure to remove unwanted excessive fat from specific regions of the body. Areas treated include the abdomen, the flanks, the thighs and knees, the arms, and the neck. Liposuction is not a substitute for weight loss and is not indicated in patients who are morbidly obese. Patients with localized areas of fat deposits not responding to physical activities and diet may benefit from the durable results obtained by this procedure.



At a glance:

Length of procedure:

- Variable

Postoperative care:

- Compression garment for 6 weeks
- Lymphatic drainage management
- Endermology

Anesthesia:

- local

In-patient stay

- Outpatient

Who is an appropriate candidate?

Liposuction improves body contour by removing defined fatty deposits. Ideal candidates have good skin elasticity, localized fatty deposits, and are not morbidly obese. If loose or hanging skin exists alternative techniques may be indicated to achieve desirable results. Liposuction is not capable of changing preexisting skin elasticity.

Consultation

During the initial consultation your wishes and goals as well as possible reservations will be addressed in detail. Subsequently, a careful physical examination is conducted and an individually tailored treatment plan formulated. Preoperative photographs are used for explaining the procedure in a step-by-step manner. Available procedures are then discussed including possible limitations and risks. Thus, alternative procedures might be indicated such as an abdominoplasty if the abdomen is to be treated.

Liposuction

Procedure

Following accurate preoperative markings 5-10 mm incisions are placed under local anesthesia and a "wetting fluid" instilled for reduction of blood loss as well as postoperative discomfort. Using the same incisions excessive fat is then removed by various small cannulas. At the end of surgery compression garments are worn.

Postoperative Care

Compression garments should be worn for approximately 6 weeks to limit swelling and bruising. Physical activities may be resumed immediately postoperatively.

Results

The final result can be appreciated within 6 months. Occasionally, adjunctive procedures may be considered to optimize the outcome. Assuming normal dietary habits durable results may be achieved.