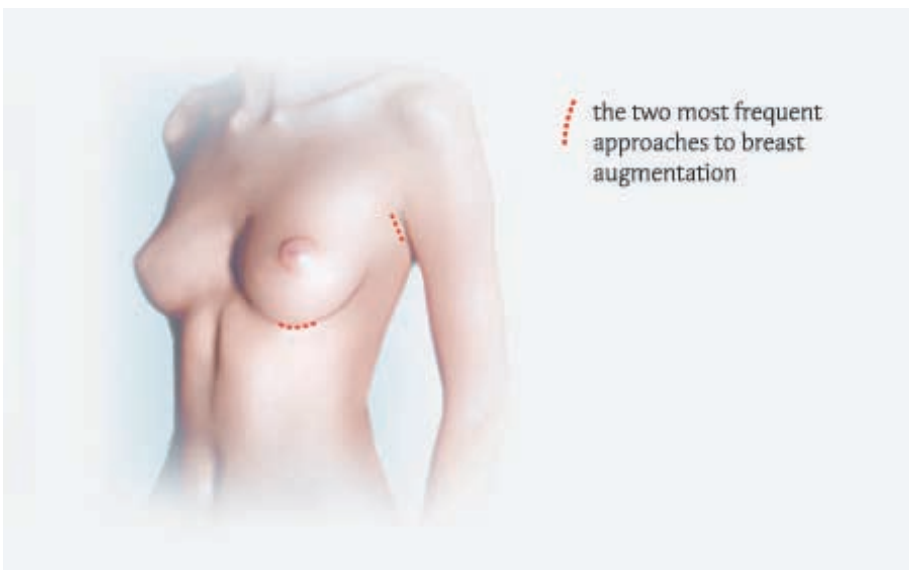


Breast Augmentation

Breast augmentation increases the size of the breast with the insertion of an implant. Top-quality à Mentor breast implants are used exclusively Fa. Mentor.



At a glance:

Length of procedure:

- Approx. 2 hours

Postoperative care:

- No physical activities for 4 weeks
- Supportive bra for 4 weeks

Anesthesia:

- General

In-patient stay

- 2 days

Who is an appropriate candidate?

Patients suffering from breast hypoplasia usually benefit from breast augmentation. This procedure may result in a marked increase in self-esteem. Low-grade breast ptosis (Breast lift) or patients suffering from postpartum breast atrophy may as well be treated by augmentation mammoplasty.

We aim at achieving naturally appearing full breasts supporting a harmonious body contour. Patients suffering from congenital breast asymmetry and tuberous breasts may benefit from placement of breast implants.

Consultation

During the initial consultation your wishes and goals as well as possible reservations will be addressed in detail. Subsequently, a careful physical examination is conducted and an individually tailored treatment plan formulated. Preoperative photographs are used for explaining the procedure in a step-by-step manner. Available procedures are then discussed including possible limitations and risks. Breast implants used in our clinic will be demonstrated and concerns addressed. Our goal is to provide you with a realistic idea of what you can expect from such a procedure. It is essential to determine your wishes as to final breast volume as well as where you wish the incision to be placed.

Breast Augmentation

Procedure

The procedure is performed under general anesthesia. Patients usually stay overnight. Incisions may be placed at multiple sites. Your wishes are essential in determining the site. Most frequently patients wish to have the incision placed either in the armpit (endoscopic breast augmentation) or in the crease under the breast. Following creation of an implant pocket the implant is placed either behind or above the chest muscle.

Postoperative Care

Usually two drains are placed. They are removed 1-2 days postoperatively. A support bra is worn for 4 weeks. Discomfort may persist for several days only, however, complete resolution of swelling may require several weeks. Physical activities should be avoided for 4 weeks.

Results

The majority of patients appreciate an increase in self-esteem following this procedure. Durable results are often achieved. However, the manufacturer recommends an implant exchange after 10 years. Regular cancer screening is possible following implant placement.